

Newsletter

October 2022











Photos courtesy of Mac Brown Media

Community Support



Give For Good Louisville 2022

For the fifth year in a row, T3C participated in the annual Community Foundation of Louisville's Give for Good campaign. Among more than 500 charitable organizations throughout the city, we were able to raise almost \$16.000 for our mission.

Token 3 Club Classic Golf Scramble

Our first annual golf scramble was a huge success! One hundred participants and more than two dozen sponsors helped make this event memorable. We were able to collect more than \$50,000. This money will assist us in providing a safe and welcoming space for the 12-step recovery community.

Show Your Support

We need your support to continue our mission and to help combat the disease of addiction. Make a donation today.

Upcoming Events

Wednesday, Oct. 19th: 6pm-7pm Game Night! Pizza and UNO

Saturday, Oct. 22nd: 4pm-6pm Trick or Treat. Bring the kids by for a spell!

Saturday, Oct. 29th: 9pm-12am 1st Annual Monster Bash - Costume Party

November

Wednesday 2nd: 6pm-7pm Game Night! Pizza and UNO

Saturday 5th: 8am-10:30am

Pancake Breakfast-Flapjacks and Fellowship

Saturday 12th: 1pm-5pm

Fall Fest - Grilling, Gratitude, and Games!

Wednesday 16th: 6pm-7pm Game Night! Pizza and UNO

Thursday 24th: 12pm-5pm Thanksgiving Dinner

Wednesday 30th: 6pm-7pm More Game Night Fun!

December

Saturday 3rd: 8am-10:30am

Pancake Breakfast-Flapjacks and Fellowship

Saturday 10th: 1pm-5pm

Holiday Fun Day-Crafts and Cookie Exchange

Wednesday 14th: 6pm-7pm Game Night and Pizza!

Saturday/Sunday 24th-25th: 6pm-6pm Holiday Meeting Marathon

Wednesday 28th: 6pm-7pm Game Night and Pizza!

Saturday/Sunday 31st-Jan.1st: 6pm-6pm New Year Meeting Marathon

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WHAT THE TOKEN 3 CLUB MEANS TO ME.

"A place that's safe during life's challenges.
A home where I've found support in my recovery."

Kristi H.



Staff Spotlight

Assistant Executive Director, Kristi Hancock

I remember climbing the stairs to the old Token 3 Club (T3C) when I first came to Louisville for recovery more than 6 years ago. I had heard stories about how there, I would be able to find support. I was new to the city, and I was broken. What I found was a variety of meetings and an array of new faces. There was comfort and safety there. I would stay all day at times, watching TV, talking to the staff behind the counter, and popping into the next meeting.

When T3C moved to the other side of town, I followed. I found the same comfort and safety, but in a bigger and even more welcoming space. A place that's safe during life's challenges; a home where I've found support in my recovery. I was working behind the counter when the new Assistant Executive Director position was created, and I asked if there was an opportunity for me.

I have more than a decade of experience in broadcasting. I've worked in TV, radio, and promotions. I have also worked locally in addiction services and have been very involved in the city's recovery community. I knew I could apply my skills and embrace whatever task I could to help T3C continue to be a strong foundation for people in their recovery journey; as it has always been for me.

There's hope for a better life when you walk through the doors of the Token 3 Club. Today, as Assistant Executive Director, I enjoy giving back what was given to me. I am proud to work for a place that provides support and fellowship in 12-step recovery and is Louisville's largest sober club!

Teaming with Kentucky Harm Reduction Coalition and holding an overdose training session has been a highlight of this new position, and I look forward to building even more partnerships between T3C and other resources in the city to support our growing recovery community.

Stay connected to T3C for upcoming events and fellowship opportunities. I hope to see you soon!

Our Mission

To provide a safe and welcoming gathering place for 12-step recovery from addiction.

Our Vision

For our community and medical professionals, the Token 3 Club is the first place that comes to mind for recovery support by offering in-person meetings, events, recovery, and fellowship.

Board of Directors

Executive Director- Dianna Timperman
Assistant Executive Director- Kristi Hancock
Board Chair- Vertner Smith
Vice Chair- Marc Joos
Treasurer- Sally Thompson

Directors:

MacKenzie Binkley

McKenna Byerley

Bruce Dudley

Arthestus Exum

Noreen Fenton

Keenan Long

Abigail Mueller

Bruce Skinner

Steve Roszell M.D.

Greg Shade

David Walker

Dan Wheeler

Honarary Directors:

Elaine Musselman

George Raque M.D.

Fellowship

Check the website and follow our social media channels to stay updated on our current events.





