

Newsletter

April 2023









Holiday Meeting Marathons

Thanks to the generous donations of our donors, the Token 3 Club hosted it's annual Christmas and New Years Eve Meeting Marathons to wrap up the year 2022. Both events allowed for 12-Step recovery meetings to take place around the clock. Food for the New Years Eve Meeting Marathon was donated by friends from the Tea Station Asian Bistro.

Fellowship and Flapjacks Events

The Token 3 Club hosts a Flapjacks and Fellowship event every other month on Saturday mornings. These events draw a hungry crowd and provide an opportunity for the community to gather outside of 12-step meetings and fellowship with one another.

Nalaxone and Overdose Training

On January 22, 2023, the Club hosted a Nalaxone and Overdose training. This event was a huge success and Narcan kits were provided to those who attended.

Our Mission

To provide a safe and welcoming gathering place for 12-step recovery from addiction.

Our Vision

For our community and medical professionals, the Token 3 Club is the first place that comes to mind for recovery support by offering in-person meetings, events, recovery, and fellowship.

Upcoming Events

Saturday, May 6
Token 3 Club Derby Party

Saturday, June 10 Founders' Day Cookout

Executive Director Resignation

The Token 3 Club's Executive Director, Dianna Timperman, recently resigned from her position. Dianna began her role as Executive Director in 2018 and played an integral role in the move from the former Token 3 Club location in Dupont Circle to our current location on Breckenridge Lane. We want to thank Dianna for her service to the Club and we wish her well in all of her future endeavors.

Get Involved!

Check the website and follow our social media channels to stay updated on our current events! Visit token3club.com for more information.



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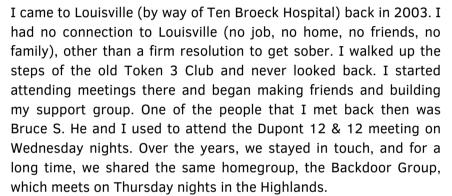
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Get to Know: Marc Joos Token 3 Club **Board Chair**













As the years have gone by, I have been blessed with so many gifts. I have now been sober for over 19 years. I have been married for 13 years and I have a stepdaughter who is an Engineering major at the University of Alabama. My wife and I live in St. Matthews and I work for an IT services company. Over the years, I have proudly been able to serve other nonprofit organizations (Board of Directors at the Beacon House and the Resource Development

Committee at Home of the Innocents are two examples).

I try to make it to the Token 3 Club three to four times per week. The Drunkin' Donuts group, which meets on Saturday mornings at 10:00 a.m.is my new homegroup. About a year ago, my old friend Bruce asked me if I would be interested in joining the Token 3 Club Board with him. Thus, for the last year I have been serving on the board as a Director. I recently stepped into the role as Board Chairman, and I am honored to give back to an organization that served me when I had nothing to offer in return. Without a doubt, the most meaningful moments I get to experience is when I have the opportunity to extend my hand to someone in pain and try to give back what was so freely given to me.

Board of Directors

Board Chair - Marc Joos Vice Chair - McKenna Byerley Treasurer - Sally Thompson Secretary - David Walker

Directors:

Keenan Beckhart, Development Chair Bruce Dudley, Governance Chair Summer Miller, Events Chair Greg Shade, Building and Grounds Chair Bruce Skinner, Communications Chair MacKenzie Binkley Coleman Coffey **Bruce Dudley Arthestus Exum** Abigail Mueller Stephen Roszell M.D. Dan Wheeler

Honarary Directors: Elaine Musselman George Raque M.D.