



Newsletter

April 2023



Holiday Meeting Marathons

Thanks to the generous donations of our donors, the Token 3 Club hosted its annual Christmas and New Year's Eve Meeting Marathons to wrap up the year 2022. Both events allowed for 12-Step recovery meetings to take place around the clock. Food for the New Year's Eve Meeting Marathon was donated by friends from the Tea Station Asian Bistro.

Fellowship and Flapjacks Events

The Token 3 Club hosts a Flapjacks and Fellowship event every other month on Saturday mornings. These events draw a hungry crowd and provide an opportunity for the community to gather outside of 12-step meetings and fellowship with one another.

Nalaxone and Overdose Training

On January 22, 2023, the Club hosted a Nalaxone and Overdose training. This event was a huge success and Narcan kits were provided to those who attended.

Our Mission

To provide a safe and welcoming gathering place for 12-step recovery from addiction.

Our Vision

For our community and medical professionals, the Token 3 Club is the first place that comes to mind for recovery support by offering in-person meetings, events, recovery, and fellowship.

Upcoming Events

Saturday, May 6

Token 3 Club Derby Party

Saturday, June 10

Founders' Day Cookout

Executive Director Resignation

The Token 3 Club's Executive Director, Dianna Timperman, recently resigned from her position. Dianna began her role as Executive Director in 2018 and played an integral role in the move from the former Token 3 Club location in Dupont Circle to our current location on Breckenridge Lane. We want to thank Dianna for her service to the Club and we wish her well in all of her future endeavors.

Get Involved!

Check the website and follow our social media channels to stay updated on our current events! Visit token3club.com for more information.



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Get to Know: Marc Joos Token 3 Club Board Chair



I came to Louisville (by way of Ten Broeck Hospital) back in 2003. I had no connection to Louisville (no job, no home, no friends, no family), other than a firm resolution to get sober. I walked up the steps of the old Token 3 Club and never looked back. I started attending meetings there and began making friends and building my support group. One of the people that I met back then was Bruce S. He and I used to attend the Dupont 12 & 12 meeting on Wednesday nights. Over the years, we stayed in touch, and for a long time, we shared the same homegroup, the Backdoor Group, which meets on Thursday nights in the Highlands.

As the years have gone by, I have been blessed with so many gifts. I have now been sober for over 19 years. I have been married for 13 years and I have a stepdaughter who is an Engineering major at the University of Alabama. My wife and I live in St. Matthews and I work for an IT services company. Over the years, I have proudly been able to serve other nonprofit organizations (Board of Directors at the Beacon House and the Resource Development Committee at Home of the Innocents are two examples).

I try to make it to the Token 3 Club three to four times per week. The Drunkin' Donuts group, which meets on Saturday mornings at 10:00 a.m. is my new homegroup. About a year ago, my old friend Bruce asked me if I would be interested in joining the Token 3 Club Board with him. Thus, for the last year I have been serving on the board as a Director. I recently stepped into the role as Board Chairman, and I am honored to give back to an organization that served me when I had nothing to offer in return. Without a doubt, the most meaningful moments I get to experience is when I have the opportunity to extend my hand to someone in pain and try to give back what was so freely given to me.



Board of Directors

Board Chair - Marc Joos
Vice Chair - McKenna Byerley
Treasurer - Sally Thompson
Secretary - David Walker

Directors:

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Bruce Dudley, Governance Chair
Summer Miller, Events Chair
Greg Shade, Building and Grounds Chair
Bruce Skinner, Communications Chair
MacKenzie Binkley
Coleman Coffey
Bruce Dudley
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Abigail Mueller
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